

**PROFORMA FOR RECOMMENDING NSS UNIT AND PROGRAMME
OFFICER FOR INDIRA GANDI NSS AWARD**

1	Name of the state	Kerala
2	Name of the University	University of Kerala
3	Name of the college with address	Sree Narayana College, Sivagiri, Varkala Thiruvananthapuram
4	Name of the principal of the college with contact address	”
5	Name, sex and contact particulars of the programme officer	LEKSHMI S DHARAN Female, Programme officer Sree Narayana College, Sivagiri, Varkala
6	Name of the NSS unit which is being recommended for award and date from which the NSS unit in existence	Unit No. 16 (AB) 2017-18, 2016-17, 2015-16
7	Period of service as programme officer of the NSS unit	From 2016 June to 2018 June, Two years
8	Whether the programme officer is trained at ETI	No
9	Whether strength of NSS unit being recommended for awards is as per the guidelines during last three years (please indicate allocation of target and actual enrollment during last three years)	2017-18- 100 students 2016-17- 100 students 2015-16- 100 students
10	Add option of villages or slums and completion of special camping against targets (please indicate targets of special camping and actual achievement during last three years)	1. Adopted village- Kanwasramam 10 th ward, Sreenivasapuram 2. Special tuition 3. Palliative care unit 4. Swayam thozhil

		pariseelanam
11	Whether the programme officer has been convicted by a court of law or any case investigation is pending against him/her (certificate from the competent authority of the college to be attached)	No
12	Performance or significant achievements of the NSS unit during 2017-18, 2016-17 and 2015-16 (extra sheets of the achievement) <ul style="list-style-type: none"> a. Plantation b. Blood Donation (no. of camps organized and blood units donated) c. Health/Eye/Immunization programmes (no. of camps organized) d. Awareness programmes (no. of programmes organized) e. Creation of duration of assets f. Award received (details of the award) g. Other outstanding achievements (details of the achievements) 	
13	Whether the duly filled up Checklist has been attached	
14	Other reremarks, if any	no

- The NSS unit to be considered for the award shall be a single NSS unit. Thus in case a programme officer is in charge of more than one NSS units should be identified and all the date in this proforma should be furnished for that particular unit only.

**Signature of the
Programme Officer**

**Signature of the
Principal**

**Signature of the
programme coordinator**

SPECIAL THANKS

ON BEHALF OF PRINCIPAL, PROGRAMME OFFICERS, NSS VOLUNTEERS AND NSS UNIT OF S.N.COLLEGE, SIVAGIRI, VARKALA, THIRUVANANTHAPURAM, WE EXTEND HEARTFUL THANKS TO , ... AND DR.A.SHAJI (PROGRAMME COORDINATOR, KERALA UNIVERSITY) AND ALL SUPPORTING STAFF OF NSS, FOR THEIR VALUABLE SERVICE AND SUPPORT TO OUR UNIT.

NSS PROGRAMME OFFICER

PRINCIPAL

NSS UNIT, S.N.COLLEGE, SIVAGIRI, VARKALA

**PERFORMANCE/ SIGNIFICANT ACHEIVEMENTS FOR THE LAST
THREE YEARS AT A GLANCE**

Sl. No.	Activities	2017-18	2016-17	2015-16	Total
1	Home for a Home less	1	-	-	1
2	Snehasanthwanam	1	1	1	3
3	Adopted village	1	1		1
4	Mangrove plantation	200	-	-	200
5	Blood donation camps	1	1	1	3
6	No of blood units donated	39	48	42	129
7	No of plantation programmes	So many	So many	So many	So many
8	Rice cultivation	One acre	One acre	-	
9	Vegetable cultivation	70 cent	50 cent	50 cent	
10	Medical camps	-	1	1	2
11	Kaizhithu magazine	1	1	1	3
12	Swayam thozhil pariseelanam	1	1	1	3
13	Anti-plastic campaign	1	1	1	3
14	Palliative care	-	1	1	2
15	Organ donation ratification camp	1	-	-	1
16	Free tuition programme	1	-	-	1
17	Old age home visit	1	1	1	3
18	Anti-drug campaign	1	1	1	3
19	Street drama	1	1	1	3
20	Payasam mela	1	-	-	1
21	Onam kit distribution	1	1	-	2
22	Making of thannrkkudam	10	-	-	10
23	Forest visit	1	-	-	1
24	Hospital cleaning	1	1	1	3
25	Beach cleaning	1	1	1	3

LIST OF SEMINAR PAPERS PRESENTED BY PROGRAMME OFFICER

SL. No.	Organizer of Seminar	Topic Presented by Researcher	National/ International	Date and Place of the Seminar

CAMPS ATTENDED BY THE VOLUNTEERS

Sl.No.	Name of Camp	Place of Camp	Date	No. of Volunteers
1	Volunteer Leadership Training Camp	Students Union, Kerala University	2017 – October – 28,29	2
2	Leadership Training Camp	Govt.College, Kariavattom	2017- November – 17 to 19	2
3	Leadership Training Camp	Students Center, Kerala University	2017- March 14 & 15	3
4	Residential National Seminar Camp	Govt.College, Kariavattom	2017- March – 10 to 12	2
5	Leadership Training Camp	TKM Arts and Science College, Kollam	2017 – March 10 to 13	2
6	Leadership Training Camp	Govt.College, Kariavattom	2017- March 10 to 12	2
7	Leadership Training Camp	TKM Arts and Science College, Kollam	2017- November 17 to 19	2
8	Residential National Seminar Camp	Govt. College, Karamana	2017 – March 27 to 29	2
9	Volunteer Leadership Training Camp	G ovt.College, Kariavattom	2016- February	1

			26 to 28	
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Highlights.....

- **HOME FOR A HOME LESS**
- **SNEHASANTHWANAM**
- **MANGROVE PLANTATION**
- **NADEEL ULSAVAM**
- **KOITHULSAVAM**
- **PALLIATIVE CARE UNIT**
- **ADOPTED VILLAGE**
- **SPECIAL TUITION FOR POOR CHILDREN**
- **SWAYAM THOZHIL PARISEELANAM**
- **BLOOD DONATION CAMPS**
- **NATURE CAMP**
- **ANTIDRUG AWARENSEE PROGRAMMES AND RALLY**
- **STREET DRAMA**
- **ORGAN DONATION RATIFICATION CAMP**
- **PAYASAM MELA**
- **MAKING OF THANNEERKKUDAM**
- **NATIONAL INTEGRATION CAMP**
- **FOREST VISIT**
- **HEALTH SURVEY**
- **DRESS AND STUDY MATERIAL DISTRIBUTION**
- **HIROSHIMA-NAGASAKKI DAY CELEBRATION**
- **CHARITY**
- **OLD AGE HOME VISIT**
- **ANTI PLASTI CAMPAIGN**
- **ZERO WASTE BEACON PROGRAMME**
- **VEGETABLE FARMING**

PERFORMANCE/ SIGNIFICANT ACTIVITIES DURING THE YEAR **2017-2018**

The NSS unit of Sree Narayana college Sivagiri, Varkala organized various programmes during the academic year 2017-18 giving importance to environmental awareness, health, personality development, community welfare etc. The unit was organized a new programme 'Home for a Homeless' named as "SahapadiykkoruVeedu". The unit also organized many important programmes like mangrove plantation, paddy cultivation, snehasanthwanam, palliative care unit, adopted village, blood donation camps etc. The interactions with the poor and the needy of the society and thereby enable to uphold the social responsibility among the volunteers. The unit become a powerful organization of the campus to understand the problems and issues of the depressed and the deprived of the neighbourhood.

The NSS Unit of Sree Narayana College Sivagiri, Varkala was one among the other units of Kerala University to bag the Best Unit and the Best Programme Officer Award in the name of Indira Gandhi in 2016-2017. The Unit also received an Award organized by the Indian Medical Association, Kollam, for conducting continuous Blood Donation Camp in the last three years.

**3 വർഷം തുടർച്ചയായി ബ്ലഡ്ഡൊണേഷൻ ക്യാമ്പ് നടത്തിയതിന്
കൊല്ലം ഐ.എം.എ യുടെ പുരസ്കാരം നേടി.**



**Spare only 15 minitues
and save 3 lives**





മികവ് ശീലമാക്കി എൻഎസ്എസ് യൂണിറ്റ്:
ശിവഗിരി എസ്എൻ കോളജിന് അംഗീകാരം

വർക്കലയിലെ തിരുവതി എസ്.എസ്. കോളജിലെ റാഷണൽ സർവീസ് സ്കീം പ്രവർത്തനങ്ങളും സേവനങ്ങളെയും പുതിയ പാതകളിലൂടെ സഞ്ചരിക്കുകയാണ് രാഷ്ട്രീയപാർട്ടിന്റെ നൂറാം ജന്മദിനവേദികയ്ക്കായി രൂപീകൃതമായ കൂട്ടായ്മ ഇന്നു വർക്കലയിലെ സാമൂഹിക, സാമ്പത്തിക, സാംസ്കാരിക, പാരിസ്ഥിക, മേഖലകളിൽ സന്തോഷവാഹകമായി

2016-17 വർഷത്തെ കേരള സർവകലാശാലയിലെ ഏറ്റവും മികച്ച യൂണിറ്റിനുള്ള ബഹുമതിയും മികച്ച പ്രോഗ്രാം ഓഫീസർക്കുള്ള ബഹുമതിയും യൂണിറ്റ് കരസ്ഥമാക്കിയിരിക്കുകയാണ്.

പരിഗണന കണക്കിലെ
വാർഷിക പങ്കാളിത്ത ശാമമായി സ്ഥിരപ്പെട്ടു. തന്നെ എന്ന് പേരിടുകോളുന്നില്ല. സമ്പ്രദായത്തിന്മേൽ യുവാക്കൾ ചേർന്നൊട്ടുപോകുന്ന വർഷത്തെ പ്രവർത്തനങ്ങളുടെ ഭാഗമായി പങ്കാളിത്ത ശാമമായി സ്ഥിരപ്പെട്ടു. വേണ്ട സമ്പ്രദായം തൊട്ടിയിൽ പച്ചയിലേക്കു

2016-17 വർഷത്തെ കേരള സർവകലാശാലയിലെ ഏറ്റവും മികച്ച യൂണിറ്റിനുള്ള ബഹുമതിയും മികച്ച പ്രോഗ്രാം ഓഫീസർക്കുള്ള ബഹുമതിയും നേടി

പേപ്പർബാഗ്, മെഴുകുതിരി, സോപ്പ് നിർമ്മാണവും വിതരണവും യൂണിറ്റിന്റെ സംരംഭമാണ്.

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തദ്ദേശസ്വയംഭരണ വകുപ്പിന്റെ നേതൃത്വത്തിൽ നടന്ന യോഗത്തിൽ അദ്ധ്യക്ഷനായി മുൻമന്ത്രി എ.എ. ഐസക് പറഞ്ഞു.

ഷത്തിലെ പായസശുദ്ധിയിൽ നിന്നും കിട്ടിയ വരുമാനം പങ്കാളിത്ത ശ്രമത്തിൽ ഓണക്കിട്ട് വിതരണത്തിനായി മാറ്റി.

SAHAPADIYKKORU VEEDU

From past four years our NSS unit was successfully conducting “Snehasanthwanam” Programme and this year to make this service more powerful we have initiated a programme called “SahapadiykkoruVeedu”, which will provide complete financial and manual help for one student who don’t have own house. The fund for the same is collected from teachers, students, non-teaching staffs, former students, business persons and people nearby.

On 12th March our college Principal Dr.L.Thulaseedharan has inagurated the programme. Municipal Chairperson Smt.Bindhu Haridas, S.N.Trust Executive Member Sri.Aji.S.R.M, PTA Vice President Sri.Sivakumar.S, Programme Officers, Teachers, Panchayath President, Students and Staffs were the part of the functions.

On 20th March, the foundation stone lying ceremony was inaugurated by Swami Visudhananda, Sivagiri Mutt. Principal Dr.L.Thulaseedharan, Municipal Chairperson Smt.BindhuHaridas, S.N.Trust Executive Member Sri.Aji.S.R.M, PTA Vice President Sri.Sivakumar.S, Programme Officers, Teachers, Panchayath President, Students, peoples and Staffs were the part of the functions.



SNEHASANTHWANAM

“Snehasanthwanam”, which has been organizing for the last four years, is one of the endearing programmes of the unit. The aim of Snehasantwanam is to render financial help to the poor and the needy people who suffer from Chronic Diseases. The fund was raised by the volunteers from teachers, non teaching staffs,

students and other voluntary organizations. The fund collected was distributed to 9 people and to an old age home Punarjani, Varkala. The programme was inaugurated by the Municipal chairperson Smt.BinduHaridas on 28th March. Sri.Aji.S.R.M (Representative, SN Trust), Dr.L.Thuaseedharan (Principal), teaching and Non-teaching staffs, students and former students were present.



MANGROVE FOREST PLANTATION

One of the important programme of our NSS unit is Mangrove Plantation. Mangroves protect shorelines from damaging storm and hurricane winds, waves and floods. Mangroves also help prevent erosion by stabilizing sediments with their tangled root systems. They maintain water quality and clarity, filtering pollutants and trapping sediments originating from land. Due to all above important features of mangrove plants our unit planted 200 mangrove seeds in Edava pozhi area. This programme was inaugurated by the ward member on 22nd December. Our principal, teachers, students, volunteers were also participated. This project was also supported by Mathrubhoomi seeds.



PADDY FARMING – ‘NADEEL ULSAVAM’

The NSS unit had cultivated paddy in one acre field at Sasthamkotta Ala, Cherunniyoor on 26th January, named “NadeelUlsavam” in support of the agriculture office, Cherunniyoor. The programme was inaugurated by our Principal Dr. L Thulaseedharan. Sri.Manivarnan(Agricultural Officer, Cherunniyoor), Sri.Aji.S.R M(Management representative), programme officers, Teachers, non teaching staffs, students etc participated in this programme. The Principal also shared the information about the importance of agriculture and paddy cultivation.



NATURE CAMP- VALLAKKADAVU- IDUKKI

Forty of our NSS volunteers took participated the nature camp in Vallakkadavu, Idukki district on May 25th and 26th sanctioned by Forest department. It gave great experience to all. The nature camp gave more informations about the life, biodiversity and the atmosphere of forest.

KOITHULSAVAM

A “Harvest Fest” was conducted on behalf of NSS unit of Sree Narayana College. Harvesting ceremony was inaugurated by PTA Vice president Sri.Sivakumar on 5th May 2018. The Programme enabled to revoke the interest in farming and its related practices. The students were given practice by farmers on how to harvest the rice field and that firsthand experience in the farm land enabled

them to do it joyously. The harvested rice was given to the poor and the needy families of adopted villages.

DISTRIBUTION OF STUDY MATERIALS

Our NSS unit distributed study materials to the students from our adopted village.

MAKING OF THANNERKKUDAM

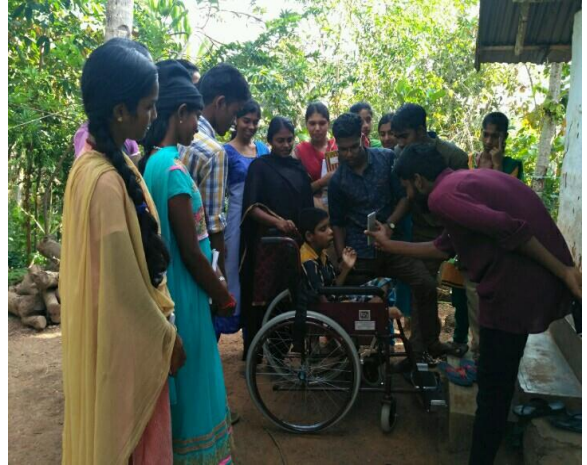
The unit made artificial water sources for birds and small organisms for getting sufficient water in summer seasons, this project was known as “Making of Thannerkkudam”. This programme was inaugurated in our college by the S N trust Executive Member, Sri.Aji S.R.M on 28th March. Our principal, college union chairman, teachers, non-teaching staffs, students and PTA Vice President were the



part of it.

PALLIATIVE CARE UNIT

A palliative care unit was started by the NSS unit under the guidance of Govt. Medical officers. The unit was inaugurated by the Medical officer, Govt Taluk Hospital, Varkala on 21st December. The entire volunteers were grouped into four and they would visit the area once in a week and will take care and monitor the health and hygiene of the area.



NATIONAL INTEGRATION CAMP

One of our volunteer Leader Sajith.V participated in the National Integration Camp from March 13 to 19 held in Gulbarga University, Karnataka.



VEGETABLE CULTIVATION

We have already started vegetable cultivation five years ago and now the unit started a new vegetable garden on August 17 in association with Krishibhavan, Varkala on the back side of the college. The programme was inaugurated by the

Principal Dr.BeenaKarunakaran. The field was ploughed well and leveled by NSS volunteers. The unit planted the saplings of ladies finger,brinjal, tomato, chilly,spinach, pea, cauli flower, cabbage, tapioca, plantain etc. Daily the field practices were monitored by volunteers. We have done timely weeding, bi fertilizer application periodically. The fund realized from vegetables used for charitable purposes.



ADVISORY COMMITTEE MEETING

The advisory committee of NSS units for the year 2017-18 was formed as per the NSS manual. Four meeting were held during the academic year.

MANUSCRIPT MAGAZINE- KANIVU

The manuscript magazine was regulated during the year. The students expressed their literacy and cultural outthirsts in it. The Magazine was released by our Principal.

PLASTIC FREE CAMPUS

The NSS Volunteers participated in the plastic free campaign on They collected plastics handled over to Varkala Municipal Authority.

ADOPTED VILLAGE

The unit had adopted a village, Kanwasramam, ward-10 and gave many services to the people there. The main activities done there include Snehasanthwanam,swayamthozhilpariseelanam,tution for children, dress and vegetable distribution, health survey,antidrug awareness class, cleaning programmes etc.

TUTION FOR POR CHILDREN

For the upliftment of the 26 children in our adopted village, our unit started special tuitions for poor children on 19th of October. The tuitions were carried out by a group of NSS volunteers in every working days at 7.30 am. The unit also conducted cultural activities and book distributions to the students.



ORGAN DONATION RATIFICATIN CAMP

The NSS unit conducted an organ donation ratification camp on December 16th in the college in accordance with Kerala govt “Mrithasanjeevani” programme. There is an awareness about organ donation and organ donation pledge was also held. 143 members are participated including students, teachers, parents etc.

STREET DRAMA

As part of Kerala piravi day celebrations our NSS unit conducted a street drama against the wide use of drugs and exploitations of women, in three important centres of Varkala such as Railway station, Maithanam and Pazhayachanda. This programme attained wide popularity among the mass and also got media coverage. Ten NSS volunteer were the participants of the drama. In the previous day of the programme this drama was as performed in our college.



ZERO WASTE BEAKEN PROGRAMME

Varkala Municipality initiated a programme called ‘Zero Waste Beaken’ to eliminate the plastic waste from our environment and to make the nature more pure and ecofriendly. As part of this programme fifteen NSS volunteers were participated the survey conducted by Varkala municipality regarding this programme.

GREEN PROTOCOL PROGRAMME

The unit participated the programme Green protocol conducted by Thiruvananthapuram Corporation during Attukal Ponkala, by donating 40 steel plates and 10 glasses.

Around 18 of our NSS volunteers took participated in the Antiplastic campaign as part of the green protocol by Suchithwa Mission during Sivagiri theerthadanam.



PAYASAM MELA

The NSS unit conducted a payasam mela on August 11th. The unit prepared four types of payasams. The onam kits were distributed to 23 families in the adopted village with the amount received from the payasammela on 23rd August.



CHARITY

The NSS volunteers donated 3000 rupees to a heart patient and 13114 rupees to a six months old girl child who suffering from liver disease.

ONAM KIT DISTRIBUTION

The onam kits were distributed to 23 families in the adopted village with the amount received from the payasammela on 23rd August.



LEADERSHIP TRAINING PROGRAMME

Many of our volunteers attended the various leadership training programmes conducted by University of Kerala. All training programmes gave good information and experience to volunteers.

HEALTH SURVEY

The unit conducted a health survey on 24th December in the adopted village, Kanwasramam 10th ward of Varkala Municipaity. The unit visited around 50 houses and collected data regarding their socio-economic and health status. The survey helped the volunteers to understand the living circumstances of that people.



ENVIRONMENT DAY CELEBRATIONS

This year's programme began with the celebration of the Environmental Day on June 5th. The unit members planted saplings in the campus. Measures were adapted to preserve and conserve the trees and plants in the campus. Our Principal Dr. Beena Karunakaran inaugurated the programme. All students, teachers and non-teaching staff supported and encouraged the Environmental Day programme.



INDEPENDENCEDAYCELEBRATIONS

The NSS unit celebrated Independence day on 15th August by cleaning the campus. Sweets were distributed at the end of the programme.

GANDHIJAYANTHI

As part of Gandhi Jayanthi celebrations, the volunteers gathered in the campus for the commemoration of Gandhiji. Then the unit went to the adopted village and cleaned there.

NSS DAY 2017-2018

On 24th September, the unit decided to organize the programme “SahapadykkoruVeedu”. The Programme officers discussed this matter with Principal. ‘Sahapadykkoru Veedu’ is a programme for a home for a homeless.

FOREST VISIT

During seven day camp period the NSS unit visited the Kanwasramam forest. This helped volunteers to understand more about the mother Nature and it gave a wonderful experience.



BEACH CLEANING

The NSS unit conducted a cleaning work in support of NSS University-Varkala Nagarasabha- DTPC – Swachatha mission on September 25th at Varkala Papanasam beach area and Varkala Cliff area. The programme was inaugurated by Adv. Joy, M.L.A. Our Principal, Varkala Municipal Chairperson Smt.BinduHaridas, Programme officers, Teachers, volunteers took participated in this programme.



CAMPUS CLEANING

The aim of our NSS unit was the clean campus. As part of the year round programme of the NSS unit, the members of the unit often did cleaning programmes as part of their field work. During this year the days of June 12 and 27, July 5 and 19, August 10, 21 and 30, September 23and 26, November 15, 17 and 28, December 20, January 10, and 29, February 7 and 16 were utilized for the cleaning programmes.



HOSPITAL CLEANING

The NSS unit conducted a cleaning programme in Government Taluk Hospital, Varkala on 27th June. Around 40 volunteers took part in the programme.

HIROSHIMA – NAGASAKI DAY

The NSS unit commemorated the Hiroshima – Nagasaki day on 7-9 August 2017. On 7th August volunteers made sadako tree and a Documentary presentation about atom bombing was also done. On 8th August there was a poster exhibition about Against War was conducted and on 9th August an awareness about atom bombing was held. These programmes helped the students to realize the pain behind the wars and the importance of peace.



BLOOD DONATION CAMP

Indian Medical Association and the National Service Scheme jointly organized a Blood Donation Camp on 20th of November. The camp was attended by 70 students along with teachers. The certificates of the participants were distributed by our Principal Dr.L.Thulaseedharan.



ORIENTATION CLASS

An orientation class was held on 13th November, under the guidance of Sri.Brahmanayakam Mahadevan. The class was attended by about hundred students and the aim of the class was to develop interest among students on the importance of NSS in developing a commitment towards society.



PERSONALITY DEVELOPMENT CLASS

A personality development class was held on 11th October, under the guidance of Sri. Karthik Sasi. The class was attended by about hundred students and the aim of the class was to develop social service interest among students and the importance of NSS.



GRAMAM MAKING

On the sixth day of the camp, the students were given task for creating two artificial villages. They were divided into two groups and the best village was awarded a prize. This helped the improvement of creativity level of volunteers.



MEMORANDUM OF CONFESSION

Stephen William Hawking was an English Theoretical Physicist, cosmologist and author, who was director of Research at the Centre for Theoretical Cosmology at the University of Cambridge at the time of his death. The unit conducted Memorandum of confession of Stephen Hawking, theoretical Physicist and cosmologist on 16th March.



ANTIDRUG AWARENESS PROGRAMME

Our NSS unit and antinarcotics cell of our college jointly conducted an Antidrug awareness programme in our college auditorium on March 1st. Sri Y.Shibu, Circle Inspector of Excise, Excise Enforcement and Anti-Narcotics Special Squad, Trivandrum, led the awareness class. In the afternoon the officers of Excise department presented a drama “Padivare Kakkaruthe”.



AWARENESS CLASSES

1.The NSS unit and Women study unit of our college jointly organized a talk on Women Empowerment and Women Security in the International Women's day celebration on March 8th . The talk was delivered by Smt. Rajasree C.R, Honourable Munsiff, Munsiff Court, Varkala. The session was very fruitful to all students especially girl students.

2.Wetlands are a critical part of our natural environment. They protect our shores from wave action, reduce the impacts of floods, absorb pollutants and improve water quality. They provide habitat for animals and plants and many contain a wide diversity of life, supporting plants and animals that are found nowhere else. Wetlands prevent flooding by holding water much like a sponge. Wetlands help keep river levels normal and filter and purify the surface water. Wetlands accept water during storms and whenever water levels are high. When water levels are low, wetlands slowly release water.

Due to the above importances of wetlands the NSS unit and Chemistry department of our college organized the Wetland day celebrations on February 5th. The programme was inaugurated by R.Hali , Former Director of Agriculture

Department, Kerala. He also delivered a fruitful talk about the importance of wetlands and water conservation.



STRESS MANAGEMENT CLASS

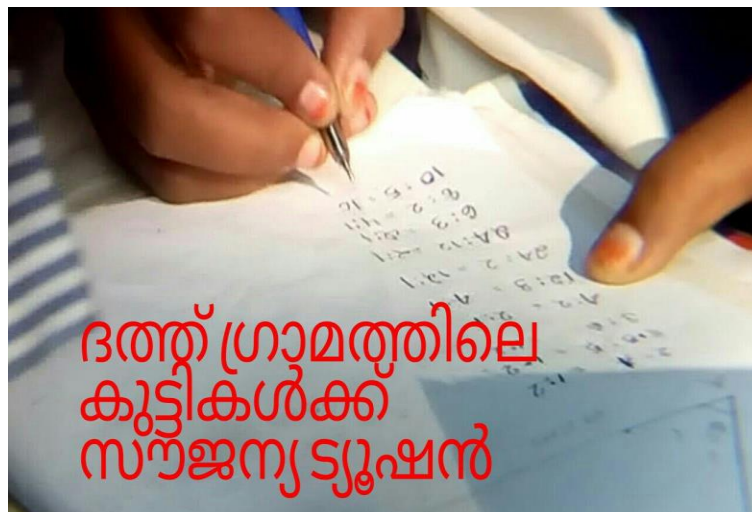
The NSS unit and Career Guidance Cell in the college jointly conducted a Stress management class for the students in the college on March 16th. The classes were handled by Miss. Remya R.V, Project Officer, DMHP, Trivandrum.

IMPORTANCE OF YOGA

The NSS unit and Media club in our college jointly organized a class about the importance of Yoga in daily Life on 20th March. The class was taken by Mrs.Salini, Yoga Instructor. The class helped the youth in getting proper information on how to solve the problems related to their health and also made them aware on how to follow a proper daily routine.

OLD AGE HOME VISIT

The unit visited an old age home 'Punarjani' in Varkala. This visit helped the students to realize the situation of old peoples and this visit generates the sympathy among the students.



ACTIVITIES IN THE ADOPTED VILLAGE

1. TUTION FOR POR CHILDREN

For the upliftment of the 26 children in our adopted village, our unit started special tuitions for poor children on 19th of October. The tuitions were carried out by a group of NSS volunteers in every working days at 7.30 am. The unit was conducted cultural activities and book distributions to the students.



2.PALLIATIVE CARE UNIT

A palliative care unit was started by the NSS unit under the guidance of Govt. Medical officers as part. The unit was inaugurated by the Medical officer on 21st December. The entire volunteers were grouped into four and they would visit the area once in a week and will take care and monitor the health and hygiene of the area.

3.HEALTH SURVEY

The unit conducted a health survey on 24th December in the adopted village, Kanwasramam 10th ward of Varkala Municipality. The unit visited around 50 houses and collected data regarding their socio-economic and health status. The survey helped the volunteers to understand the living circumstances of that people.

4.SNEHASANTWANAM

The unit gave donation to two financially backward members of adopted village suffering from disease as part of Snehasanthwanam.

5.ANTIDRUG AWARENESS CLASS

On August 17th, forty two NSS volunteers with programme officers visited and gave antidrug awareness classes around thirty houses in the adopted village.

6.VEGETABLE DISTRIBUTION

The unit collected the vegetables from our organic vegetable garden and distributed to the poor people in the adopted village on December 27th.

7.ONAM KITS DISTRIBUTION

The NSS unit conducted a Payasam mela on 11th August. The onam kits were distributed to 23 families in the adopted village with the amount received from the payasam mela on 23rd August.

8.DRESS DISTRIBUTION

The NSS unit collected the dresses from teachers and students and distributed these dresses to the poor peoples in the adopted village.



9. SWAYA M THOZHIL PARISEELANAM

The unit gave training to ladies in the adopted village for making paper bags, envelopes and candles under the guidance of Sri.Haridas of Gandhian Study Centre, Trivandrum during seven day camp period.



ANNUAL SPECIAL CAMP- 2017-2018

December 21th to 27th

This year's Seven Day annual camp started on 21th December. The camp was inaugurated by Dr.A.Shaji, Programme Coordinator, Kerala University. The inaugural meeting was presided over by Principal Dr.L.Thulaseedharan. The inaugural meeting was followed by camp registration. In the afternoon session there were classes about Mangrove plants by Sri Ananthan and Dr. Kavitha K R. After this a personality development class by Sri.Karthik Sasi was held.

In the second day of the camp NSS volunteers planted 200 kandal seeds in Edava pozhi area. This programme is inaugurated by ward member. The principal, programme officers, teachers and students from Botany department and volunteers participated in this programme. The Programme was in collaboration with Mathrubhoomi seeds.

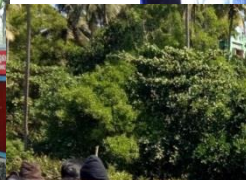
A self-employment training programme was conducted on the third day of the camp under the leadership of Sri.Haridas of Gandhian Study Centre, Trivandrum. The students as well as ladies from adopted village were given training in making of Paper Bag, candles etc. The class extended for the whole day.

Our unit visited the adopted village on the fourth day of the camp and distributed the dresses for the poor peoples. Afternoon there is a personality development class by Sri.Anas, Assistant Professor, Iqbalcollege, Peringamala.

On the fifth day of the camp NSS unit visited Kanwasramam forest. This visit gave new experience to each and everyone. Afternoon there was a Christmas celebration in adopted village. Evening session was a personality development class by Ajith sir.

On the sixth day of the camp, the students were given task for creating two artificial villages. They were divided into two groups and the best village was awarded a prize.

On the seventh day was the closing ceremony that was inaugurated by our Principal Dr.L.Thulaseedharan. The former NSS volunteers, teachers, non-teaching staffs, management representative all were participated.





INTERNATIONAL AND NATIONAL DAYS OBSERVED BY OUR UNITS

5 th June	World Environment day
14 th June	World Blood Donation day
11 th July	World Population day
15 th August	Independence day
20 th August	Sadbhavana day
24 th September	NSS day
1 st October	National Blood Donors day
2 nd October	Gandhi Jayanti
19 th November	National Integration day
1 st December	World AIDS day
10 th December	Human rights day
12 th January	National Youth day
26 th January	Republic day
8 th March	World Women's day

The NSS Unit of Sree Narayana College Sivagiri, Varkala was one among the other units of Kerala University to bag the Best Unit and the Best Programme Officer Award in the name of Indira Gandhi in 2016-2017. The Unit also received an Award organized by the Indian Medical Association, Kollam, for conducting continuous Blood Donation Camp in the last three years. About fifteen volunteers of the Unit also received the certificate for the successful completion of Ten Days Training programme on certificate course of Palliative Care Unit, organised by Taluk Hospital, Varkala.-----

Highlights.....

- **SNEHASANTHWANAM**
- **MEDICAL CAMP**
- **NADEEL ULSAVAM**
- **KOITHULSAVAM**
- **PALLIATIVE CARE UNIT**
- **ADOPTED VILLAGE**
- **CIVIL SERVICE ORIENTATION CLASS**
- **SWAYAM THOZHIL PARISEELANAM**
- **BLOOD DONATION CAMPS**
- **NATURE CAMP**
- **ANTIDRUG RALLY**
- **STREET DRAMA**
- **GREEN CARPET**
- **SNEHANIDHI BOX COLLECTION**
- **HEALTH SURVEY**
- **DRESS DISTRIBUTION**
- **HIROSHIMA-NAGASAKKI DAY CELEBRATION**
- **CHARITY**
- **OLD AGE HOME VISIT**
- **ANTI PLASTI CAMPAIGN**
- **VEGETABLE FARMING**

PERFORMANCE/ SIGNIFICANT ACTIVITIES DURING THE YEAR

2016-2017

The unit organized various programmes giving due importance to environmental awareness , health, personality development etc. it was also ensured that the unit members were actively involving and participating in all the programmes. The unit was able to organize symposiums, interactions with the poor and the needy of the society and thereby helped to uphold the social responsibility among the volunteers. The unit become a powerful organization of the campus to understand the problems and issues of the depressed and the deprived of the neighborhood.

ENVIRONMENT DAY ON JUNE 2016

This year's programme began with the celebration of the Environmental Day on June 5th .The unit members planted slapping in the campus. Measures were adapted to pressure and conserve the trees and plants in the campus. Former Principal Dr.R.Raveedran inaugurated the programme. All the students, teachers and non-teaching staff supported and encouraged the Environmental Day programme



CLEANING PROGRAMME

As part of the year round programme of the NSS unit, the members of the unit occasionally did cleaning programmes as part of their field work. During this year the days of June 16 and 17, July 28 and 29, August 6, 11, 12 and 30 November 18, were being utilized for the cleaning programmes.





YOGA DAY 2016

On 21/6/2016, which was the yoga day a study class on Yoga was conducted by yogacharya Sri.G.Gopalakrishnan. The class helped the youth in getting proper information on how to solve the problems related to their health and also made them aware on how to follow a proper daily routine.



SNEHANIDHI BOX COLLECTION FOR NEEDY CHILD CANCER PATIENTS

On 24th June 2017 a box for collecting fund for the poor and needy cancer patients was placed in front of the main gate of the college and the programme was named “Snehanidhi”. The box would be opened once in every six months and the amount from it would be given to a child suffering from cancer. The key of the box would be kept by the Principal.

In the days of June 28, 29 and 30 a group effort was made with the leadership of the NSS leaders and volunteers for collecting money to the box. On July 22 the entry of the first year degree students to NSS was be



VEGITABLE FAMINING

In the days of August 11th, 12th and 15th a vegetable garden was being made as part of the programme of this year. Apart from the previous year's tapioca as well as plantain cultivation was started. The programme was inaugurated by the Principal Smt.K.Susy.

The inaugural ceremony of vegetable harvesting was done by the Principal Smt.Susy, on 27th of November.





Vegetable harvesting

NSS VOLUNTEER TREATMENT FUND COLLECTION

A fund collection was made for the treatment of a third year student of physics from our college named Shalini. The amount collected was handed over to the mother of the student at the Medical College.

GANDHI JAYANTHI

A cleaning programme as well as a campaign against the use of plastics was conducted on October 2nd which was the Gandhi jayanthi day.

On October 3rd an elocution competition was conducted by the unit based on the topic 'The importance of Gandhian ideals on Independent India'. The 1st prize was given to Ms.Chinju (dept. of Zoology), 2nd place was given to Ms.Parvathy (Dept. Of Economics) and 3rd place was given to Sri.Nidhin(Dept. of Economics).





GREEN CARPET

A cleanliness campaign named 'Green Carpet' was organized by the NSS unit in association with the tourism department along with Mathrubhoomi Club FM and Varkala Corporation. The region including the surroundings of Varkala beach as well as the helipad was being made clean in the campaign. The programme was being inaugurated by the MLA of the region, Advt.V.Joy.



PERSONALITY DEVELOPMENT CLASS

A personality development class was held on 5th October, under the guidance of Sri.Brammahayakam. the class attended by about hundred students was aimed at developing an intErest among students on NSS and its importance in developing a commitment towards society.



CIVIL SERVICE ORIENTATION

On 27th of October, a one day Civil Service orientation class was held jointly by University Information and Guidance Bureau and NSS unit. The class was aimed at providing guidance for those who are preparing for Civil Service and also as an inspiration for other students to aim Civil Service.



On
27-10-2016, 10 AM
at Conference Hall

Registration Started

BLOOD DONATION CAMP

Indian Medical Association and the National Service Scheme jointly organized a Blood Donation Camp on 11th of October. The camp was attended by more than 80 students along with teachers. The certificates of the participants were distributed by our Principal prof.K.Susi.



NADEEL ULSAVAM 2017

One Acre paddy field of Cherunniyur Panchayath was undertaken by the NSS unit on Dec.19th and conducted a “Nadeel Ulsavam” as a part of the paddy cultivation. The programme was inaugurated by our Principal Prof.K.Susy.



ANNUAL SPECIAL CAMP 2016-2017

DECEMBER 20th TO 27th

This year's Seven Day annual camp started on 20th December. The camp was inaugurated by Varkala M L A Advt.V.Joy. the inaugural meeting was presided over by Principal. The inaugural meeting was followed by camp Registration in the same day afternoon.





PERSONALITY DEVELOPMENT CLASS

A personality development class head by Sri.KarthikSasi on the subject 'Personality development in Youths' on 21st December. Another class based on 'Physical and Mental abuse in Children' was conducted on the same day afternoon by sri.Jobi, child line worker of Loyola College.





SELF - EMPLOYMENT TRAINING PROGRAMME

A self-employment training programme was conducted on the third day of the camp, 22/12/2016, Thursday, under the leadership of Sri.Haridas, of Gandhian study centre. The students were given training in the making of Paper Bag, Exam Board, and Writing Board etc. the class extended for a whole day.



ROAD SAFTY AWARENESS CLASS

A road safety awareness class was conducted for the students under Attengal R.T. O.Sri.Santhosh on the fourth day.



SOCIO-ECONOMIC SURVEY

A socio-Economic and health survey was conducted by the students at the nearby village, Kanwasramam on the same day afternoon. The survey was conducted on a selected 84 households. Survey was inaugurated by ward member Advt.biju.



MEDICAL CAMP

A free Medical Camp was conducted by the NSS unit in association with Varkala Govt. Hospital, on the fifth day. The camp mostly included the sick person of Kanwasramam ward.



On the same day afternoon, clothes which were collected by NSS volunteers were distributed for the needy people of Kanwasramam village.



ENVIRONMENT AWARENESS CLASS

A class was conducted on the next day, on the subject “Water and Environment” jointly with Sastha Sahithya Parishad.



REUNION OF FORMER NSS VOLUNTEERS

A reunion of former NSS volunteers and teachers were held after that o the same day.



ARTIFICIAL VILLAGE MAKING

On the final day mornings, the students were given task for aerating two artificial villages. They were divided into two groups and the best village was awarded a prize.

The closing ceremony conducted on the same day was inaugurated by former Principal Dr.R.Raveendran.



THREE DAYS NATURE CAMP AT MUNNAR

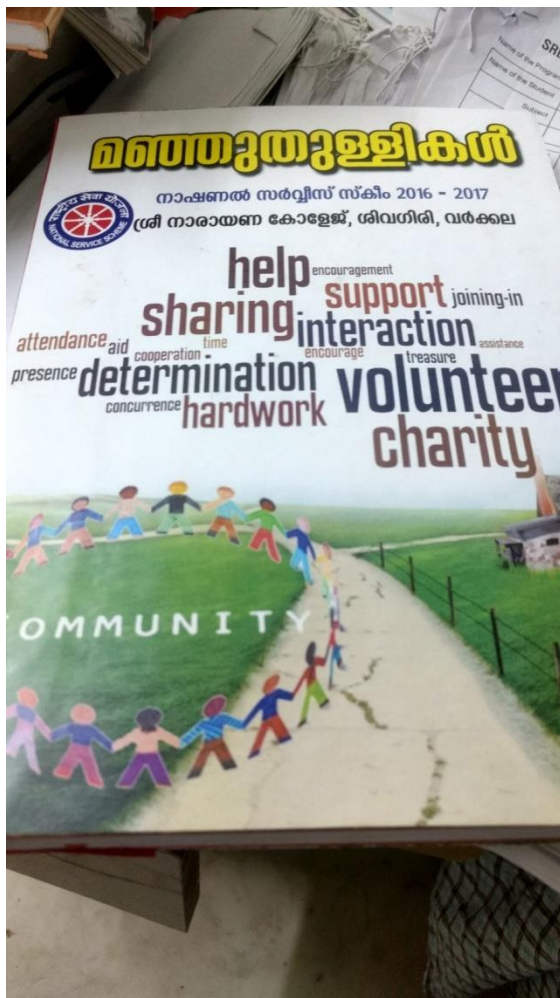
A three day nature study camp and trekking camp was organized in collaboratly with the munnar Forest Department on Jan. 24,25,26 forty students along with four teacher camped at Munnar.

The conduct of Nature Camp enabled the volunteers to develop appreciation of and respect for the gift of Nature. It also helped great understanding of forests as rich habitat that sustain us.



NSS MAGAZINE MANJUTHULLIKAL

A manuscript magazine named “manjuthullikal” was realized by Prof.K.Susi Principal on 30th January 2017. The magazine contain the creative writings of the volunteers based on the seven day NSS camp.



ONE DAY MEDICAL CAMP

A free one day health check-up camp was organized on 22nd Feb.2017. The camp tested cholesterol, blood sugar, Albumin and Blood pressure levels. Seventy six people from the neighbourhood attended the camp.

SNEHASANTWANAM 2017 AND VILLAGE ADOPTION

“Snehasantwanam” , which has been organizing for the last three years, is one of the endearing programmes of the unit. The aim of Snehasantwanam is to render financial help to the poor and the needy people who suffer from Chronic Diseases. The fund was raised by the volunteers from teachers, non-teaching staff, students and other voluntary organization. The fund collected was distributed to 45 people, by the cine actor Sri.Indrans. Advt.V.Joy (MLA, varkala Constituency), Smt.BinduHaridas (Municipal Chairperson, Varkala). Sri.Aji.S.R.M (Representative, SN Trust), Prof.K.Susi (Principal), teaching Non-teaching staff , students and former students were present.

The NSS unit adopted the village “Kanwasramam” the 10th ward of varkala village and provide palliative care, tutorials and educate the people on the importance of hygienic life and environmental awareness.





ANT- DRUG RALLY-BHODHAPOURNAMI

The NSS unit members jointly participated with NCC of our college an anti drug rally conducted by keralakaumathi in the name of bhodhapournami.



HIROSHIMA AND NAGASAKKI DAY

The unit organized two day programme against the effect of nuclear bomb on august 6 and 9. A poster exhibition was conducted in the college. In the afternoon session a class was held on the topic of the threaten of nuclear bomb. The class was handled the former principal Dr.R.Raveendran.A documentary was also screened on the same day on the same topic.



HARVEST FEST

A “Harvest Fest” was conducted on behalf of NSS unit of Sree Narayana College. The Programme was attended by Prof. K. Susy (Principal), NSS Programme officers and NSS Volunteers. The Programme enabled to revoke the interest in farming and its related practices. It also helped the volunteers to feel the necessity to undertake farming on a large scale and how it will enrich oneself both physically and spiritually. The students were given practice by farmers on how to harvest the rice field and that firsthand experience in the farm land enabled them to do it joyously. The harvested rice was given to the poor and the needy families of nearby villages.

A palliative care unit was started by the NSS unit under the guidance of govt. medical officers as part of village adoption programme. The entire volunteers were grouped into four and they would visit the area once in a week and will take care and monitor the health and hygiene of the area.



INTERNATIONAL AND NATIONAL DAYS OBSERVED BY OUR UNITS

5 th June	World Environment day
14 th June	World Blood Donation day
11 th July	World Population day
15 th August	Independence day
20 th August	Sadbhavana day
24 th September	NSS day
1 st October	National Blood Donors day
2 nd October	Gandhi Jayanti
19 th November	National Integration day
1 st December	World AIDS day
10 th December	Human rights day
12 th January	National Youth day
26 th January	Republic day
8 th March	World Women's day

Highlights.....

- **SNEHASANTHWANAM**
- **PUSTHAKOLSAVAM**
- **SNEHANIDHI**
- **MEDICAL CAMP**
- **SWAYAM THOZHIL PARISEELANAM**
- **BLOOD DONATION CAMP**
- **ANTIDRUG AWARENSEE RALLY**
- **TRIBAL AREA VISIT**
- **HEALTH SURVEY**
- **DRESS DISTRIBUTION**
- **HIROSHIMA-NAGASAKKI DAY CELEBRATION**
- **CHARITY**
- **OLD AGE HOME VISIT**
- **ANTI PLASTI CAMPAIGN**
- **VEGETABLE FARMING**

PERFORMANCE/ SIGNIFICANT ACTIVITIES DURING THE YEAR
2015-2016

The National Service Scheme of Sree Narayana College Sivagiri, Varkala provides service to the society and makes smile in the lives of many.

WORLD ENVIRONMENT DAY

The activities of the unit for the year 2015-16 commenced with the celebration of Environment Day on 5th June 2015. To mark the day, the unit organized “One Student, One Tree” programme, which was inaugurated by the Principal. The Principal motivated the students to make their surroundings green and to look after the environment to make our earth a better place to live in. The Department of Forest, Govt. of Kerala provided saplings for the unit and the volunteers planted the saplings in the campus and to protect the planted saplings, a project named “Ente Maram” was also launched.



HIROSHIMA- NAGASKKI DAY

The NSS unit commemorated the Hiroshima-Nagasaki Day on 6-9 August 2015. A poster exhibition was conducted to sensitize students on the horrors of nuclear war. A documentary named “Hiroshima and Nagasaki after the Atomic Bombings” was screened to raise awareness among students for a peaceful and nuclear free life. The programme helped to realize the devastation of wars and the need for a peaceful world.







INDEPENDENCE DAY

The NSS unit celebrated the Independence day on 15th August 2015. The Principal delivered the Independence Day message. A cleaning campaign was organized in the campus premise. All the volunteers actively participated in the cleaning drive. Sweets were distributed at the end of the programme.



GANDHI JAYANTHI

As part of the celebrations of Gandhi Jayanthi , the volunteers gathered in the campus for the commemoration of Gandhi. The unit organized an essay writing

competition for students on the topic “Gandhi Anusmaranam-Swathanthriya Samara Charithrathile Gandhi”. The Principal distributed the prize for the best essay.

PUSTHAKOLSAVAM 2015

With the objective to develop reading habits among students, the NSS unit organized “*Pusthakolsavam 2015*” in association with DC Books, Kollam on 12th October 2015. The book festival was inaugurated by a young poet ***Kumari Ajeesha*** who is a victim of Cerebral Palsy. Initially, the book festival was decided to be conducted only for two days, but later, upon the request of teachers and students, it was extended to one more day.





ശ്രീ നാരായണ കോളേജ്
 തിരുവനന്തപുരം, വർക്കല





പുസ്തകോത്സവം 2015

തിരുവനന്തപുരം ശ്രീ നാരായണ കോളേജിലെ നാഷണൽ സർവ്വീസ് സ്കീം യൂണിറ്റും ഡി.സി ബുക്സും ചേർന്ന് നടത്തുന്ന പുസ്തകമേളയുടെ ഉദ്ഘാടനം ഒക്ടോബർ 12-ാം തീയതി രാവിലെ 10.30 ന് സെമിനാർ ഹാളിൽ വച്ച് നടക്കുന്നു.

പ്രസ്തുതചടങ്ങിൽ **കുമാരി അജിഷ** പങ്കെടുക്കുന്നു.

വളരെ ചെറിയപ്രായത്തിൽ തന്നെ 'സെറിസസ് പാഴ്സി' രോഗം അജിഷയുടെ ശരീരത്തെ പിടികൂടിയെങ്കിലും തന്റെ പത്താമത്തെ വയസിൽ (2006) 'പുവായ് വിരിഞ്ഞു' എന്ന കവിതാസമാഹാരത്തിലൂടെ കവിതയിലും, സാഹിത്യത്തിലുമുള്ള തന്റെ കഴിവ് തെളിയിച്ചു. 2010-ൽ 'സുര്യനെ പോലെ ഞാനുദിച്ചു' എന്ന രണ്ടാമത്തെ കവിതാ സമാഹാരം പുറത്തിറക്കി. നമ്മുടെ മുൻ രാഷ്ട്രപതി **ഡോ.എ.പി.ജെ. അബ്ദുൾ കലാമിന്റെ** കയ്യൊപ്പുള്ള അനുമോദന കത്ത് അജിഷയ്ക്ക് ലഭിച്ചിട്ടുണ്ട്.

2007 ൽ പ്രത്യേക കഴിവുള്ള കുട്ടികൾക്കുള്ള ദേശീയ അവാർഡ് നേടി.
 2010 ൽ കേരളാ സർവ്വീസ് വികലാംഗ ക്ഷേമ കോർപ്പറേഷന്റെ അവാർഡ്,
 2014 ൽ UNCR (United Nations Convention on the Rights of the Child) CHILD ACHIEVER AWARD എന്നിവയും നേടിയ കുമാരി അജിഷയ്ക്ക് നമ്മുടെ കോളേജ് പ്രിൻസിപ്പൽ **ഡോ. ആർ. രവിന്ദ്രൻ** പുസ്തകം നൽകി ഉദ്ഘാടനം ചെയ്യുന്നു.

ഒപ്പം കുമാരി അജിഷയെ അനുമോദിക്കുകയും ചെയ്യുന്നു.

പ്രസ്തുത പരിപാടിയിലേക്ക് കോളേജിലെ എല്ലാ അധ്യാപകരെയും, അനധ്യാപകരെയും, വിദ്യാർത്ഥികളേയും സ്വാഗതം ചെയ്യുന്നു.



നാഷണൽ സർവ്വീസ് സ്കീം
& ഡി.സി. ബുക്സ്

ഒക്ടോബർ 12 മുതൽ 14 വരെ
സുവോളജി ലാബിൽ

ഏവർക്കും സ്വാഗതം

സത്യൻ ഉദികുന്ദോസ് ഇരുട്ട് മാറിപ്പോകുന്നത് പോലെ
രേഖപ്പെടുത്തുകയും രേഖപ്പെടുത്തുകയും മാറിപ്പോകുന്നു

ശ്രീനാരായണ ഗുരു

PERSONALITY DEVELOPMENT PROGRAMME

The NSS unit organized one day workshop on “Personality Development Programme” on 19th August 2015. The aim of the programme was to help the students reach their personality and leadership potential. The programme was conducted by Mr.Suresh, Manager, LIC of India, Kayankulam, kollam.



VEGITABLE FARMING

Farming of various kinds of vegetables was organized in the NSS Farm of the campus. Class on organic Farming was provided by Sri. Sasidharan (Agriculture Officer, Panayara Grama Panchayat). Students actively participated in the programme.





NSS DAY 2015-16

On 24th September 2015, NSS unit decided to organize the programme “Sneha Santhwonam 2016”. The NSS Programme officers discussed with the Principal about the conduct of the programme. The Principal gave guidance for the event. Sneha Santhwonam is an attempt to extend help and support to the poor and the needy in and around the neighborhood. The unit members celebrated Eid and NSS Day on 24th September 2015.

BLOOD DONATION CAMP

A blood donation camp was organized in the college in association with Indian Medical Association Kollam and Blood donation club, on 2nd December 2015. A large numbers of students participated in the camp and made it a big success.



ANNUAL SPECIAL CAMP 2015-2016

December 18th to 24th

Ist day

The seven day NSS camp began on 18th December 2015. The camp was inaugurated by Dr.Sabukuttan (NSS Programme Officer, MG University).



IInd Day

On 19th December, the programme began with a yoga class. A class on “Women Empowerment”, was taken by Dr.Vijayalekshmi (Director, Dept. of Students Service, University of Kerala. In the afternoon, a class on Water Resource

Management was taken by Dr. Shaji (Assistant Professor, Department of Geology, University of Kerala).



IIIrd Day

On 20th December 2015, a workshop on Paper Bag Making was organized. The session was led by Sri. Haridas. The workshop helped to cultivate interest in students to use eco-friendly products.



IVth Day

On 21st December, a cleaning campaign was organized by the unit. The area stretching from Palachira to Chemmarithi Grama Panchayath was selected for the cleaning drive . The programme became a success because of the joint efforts of the people living in the neighborhood.



Vth Day

On 22nd December 2015, the NSS Volunteers organized a programme named “Setting of a Village”. The volunteers collected materials from the neighborhood houses and markets and constructed villages in the campus. Prize was distributed for the best village.

VIth Day

On 23rd December 2015, a medical camp was organized at ward 16 of Chemmarithi Grama Panchayat. The medical camp helped to provide free medical support to the poor and the diseased people living in the area.



VIIth Day

On 24th December, a class on Naturopathy was taken by Dr. Jayakumar (Physician, Govt. Nature Cure Hospital, Varkala). The valedictory session of the camp was inaugurated by Sri. Sajesh (Associate Professor, Department of Physics,

SN College, Kollam). Principal Dr.R.Raveendran presided over the function. The seven day camp ended with a camp fire at mid night.

SNEHA SANTHWANAM 2016

As part of NSS day celebrations, it was decided to organize “Sneha Santhwonam 2016”. The NSS volunteers worked hard to raise fund for the programme. The plans to collect funds from various sources started early in the first week of January itself. The programme “Sneha Santhwonam 2016” was conducted on 29th February 2016. The programme was inaugurated by Padmasree Madhu (Cine Actor). A fund of Two Lakh was distributed to 22 poor families.





HEALTH SURVEY AND TRIBAL AREA VISIT

On 27th March 2016, the unit conducted a Health survey in the Chonam Para Tribal Community of Kuttichal Grama Panchayat. The unit visited around 40 households and collected data regarding their socio-economic and health status. The survey helped the volunteers to understand the living circumstances of tribal people. The unit also visited the *Kottor Eco Tourism Zone* which is under the Department of Forest and Wild Life. The Visit helped to visualize the inseparable relation between forest and human life.







SNEHANIDHI (A CHARITY INITIATIVE FOR RCC CHILD PATIENTS)

The unit organized another charity initiative programme namely SNEHANIDHI. The aim of this programme is focused the financial support for RCC needy child patients. SNEHANIDHI is a collection box, it will open in every six month of an year.

YOGA FEST 2016

NSS unit organized two day yoga fest 2016 in association with NCC of our college. The yoga class handed international yoga trainer Sri.Arumugham. more than seventy six students are participated in this programme





INTERNATIONAL AND NATIONAL DAYS OBSERVED BY OUR UNITS

5 th June	World Environment day
14 th June	World Blood Donation day
11 th July	World Population day
15 th August	Independence day
20 th August	Sadbhavana day
24 th September	NSS day
1 st October	National Blood Donors day
2 nd October	Gandhi Jayanti
19 th November	National Integration day
1 st December	World AIDS day
10 th December	Human rights day
12 th January	National Youth day
26 th January	Republic day
8 th March	World Women's day