

Sree Narayana College, Sivagiri, Varkala

Substance Abuse Prevention Forum-2019-2020

Report

Objective:

For some decades now students have been given lessons about drugs in colleges in the belief that education about drugs can change their behaviour. Education for drug abuse prevention in colleges may be defined as the educational programmes, policies, procedures and other experiences that contribute to the achievement of broader health goals of preventing drug use and abuse. It is the total set of experiences to which students are exposed over their time at college that contribute to preventing drug use and mitigating the consequences of drug use. One important condition for fulfilling children's right to a basic education, is the creation of "safe, healthy, inclusive and equitably resourced educational environments conducive to excellence in learning". Improving students' health and nutritional status can reduce absenteeism, improve classroom performance and prevent early school dropout, thus bringing closer the possibility of achieving education for all. The objective of this programme is to challenge students to defend their values, increase their knowledge, explore their attitudes and the attitudes of others, and refine their skills and also to encourage students to reflect on what they have learned and how it can be applied to situations in college, the community and their everyday lives.

Action Plan

Conduct An awareness seminar on Anti-Drugs in association with Varkala Municipality and the class was handled by Sri Rajan Amboori.

Brief Report

Substance Abuse Prevention Forum, Sree Narayana College, Sivagiri, in association with Varkala Municipality organized as Antidrug Awareness seminar on 19.02.2020 in the college auditorium. The antidrug awareness class was handled by Sri Rajan Amboori. Dr Preetha K C,

Principal presided over the function. The function was felicitated by the IQAC Co-ordinator Dr Babitha G S, Junior Health Inspector Sri Biju S and Smt Veenas C L. The classes are effective and give direction to students how to become a good person and also explain the ill effects of the drugs with examples . The class is highly informative and interactive.

Feedback

The students are actively participated in the programme and they try to clarify their doubts about drus, drug abuse, precautions taken by the government to reduce the drug abuse, by interact with Sri Rajan Amboori.

