

**SREE NARAYANA COLLEGE, SIVAGIRI, VARKALA**

**DEPARTMENT OF ZOOLOGY**

**Detailed report 2020-2021**

**Webinar on**

**“Common Gynaec Problems from Birth to Post-menopause”**

Adolescence is a period of enormous physical and psychological change for young girls. Most adolescents who suffer from menstrual disturbances never consider presenting their problems to their family doctor or gynaecologist. Embarrassment about discussing menstruation, fear of disease, and ignorance about sexual health and services available might be the reasons that lead to delayed consultation with the doctor.

Adolescent girls with menorrhagia need to be evaluated thoroughly earlier rather than later so that effective management can be started and severe anaemia with its consequences can be avoided. Adolescent health education and group discussion is necessary to create awareness regarding adolescent gynaecological problems and to protect themselves from all health and social hazards. It needs to be conducted regularly in schools and colleges.

So in this Lockdown, it is highly essential to conduct programmes to strengthen the bonding between the adolescents and their families enabling them to prevent mental, physical and social hazards. It is equally essential to spread awareness about the common gynaec problems from birth to the post- menopause, and to ensure that this information reaches all of the students including club members, boys and girls, faculty members and the common public.

Department of Zoology and Health Education Club has jointly organized a national Webinar on a very relevant topic “Common Gynaec Problems From Birth To Post-Menopause” in association with IQAC at 2.00 pm on 27<sup>th</sup> July, 2020. It was conducted via Google meet.

**Aims and Objectives :**

- 1) To spread awareness regarding the different stages of reproductive life and the common problems from birth to post-menopause*
- 2) To discuss in detail about common gynaecological problems in adolescent girls*
- 3) To discuss the causes of PCOD*
- 4) How to treat and prevent PCOD*
- 5) Symptoms of Cancers common in women*
- 6) Prevention and treatment for various cancers*

### *7) Common myths about gynaec problems*

The webinar began with a silent prayer. Dr. Leji. J, HOD, Dept. of Zoology hosted the Programme. Ms. Preethi.S, coordinator of the webinar delivered the welcome address. The inaugural address was delivered by our Beloved Principal Dr. K. C. Preetha; Dr.Joly A, Dr. Soju. S (IQAC Coordinator (i/c)), Sri. AjiSRM felicitated the programme. The session was led by the eminent gynaecologist Dr. MeghaJayaprakash, Associate Professor (Obstetrics &Gynaecology), Govt. Medical College,Thrissur,Kerala. Ms.AvaniSaseendran, Assistant Professor in English was the moderator and Dr. Binushma Raju delivered the vote of thanks.

The resource person led a 2.5-hour session of interaction and explanation about all the health issues a girl child faces from her birth to her post menopausal age. She illustrated and showed rare clinical pictures. Dr. Megha pointed out the importance of giving awareness without gender differentiation. 250 participants could participate through the Google meet and 305 participated via live streaming on Youtube. Five hundred and forty five participants including UG and PG students across the country, faculty members, non teaching staffs, research scholars and common public participated in the webinar. The webinar was a great success in bringing together a huge number of participants together and in giving them awareness in the time of social distancing and Covid 19. Feedbacks given were highly encouraging and e- certificates were issued to those who submitted the feedback form.

**SREE NARAYANA COLLEGE, SIVAGIRI, VARKALA**  
**DEPARTMENT OF ZOOLOGY**  
National Webinar Series:

WEBINAR - 1

**“COMMON GYNAEC PROBLEMS FROM  
BIRTH TO POSTMENOPAUSE.”**

**On: 27/07/2020 At: 02.00 P.M - GOOGLE MEET**

Resource Person



**DR. MEGHA JAYAPRAKASH**

MS, DGO, MRCOG (UK)  
Associate Professor OBG  
Govt. Medical College, Thrissur

Organized by  
**DEPARTMENT OF ZOOLOGY AND  
HEALTH EDUCATION CLUB**  
In association with  
**IQAC**



Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause  
452 views · 9 hours ago

28 0 Share Download Save

SNCV Zoology 27 subscribers SUBSCRIBED

Comments  
Add a public comment...

Up next Autoplay



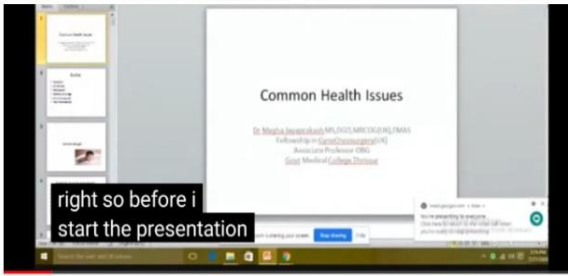
Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause  
452 views · 9 hours ago

28 0 Share Download Save

SNCV Zoology 27 subscribers SUBSCRIBED

Comments  
Add a public comment...

Up next Autoplay



Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause

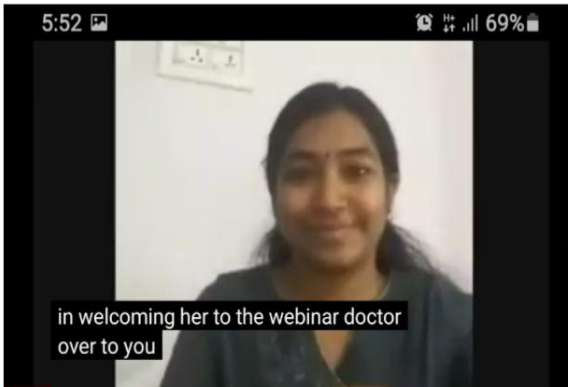
452 views · 9 hours ago



Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause



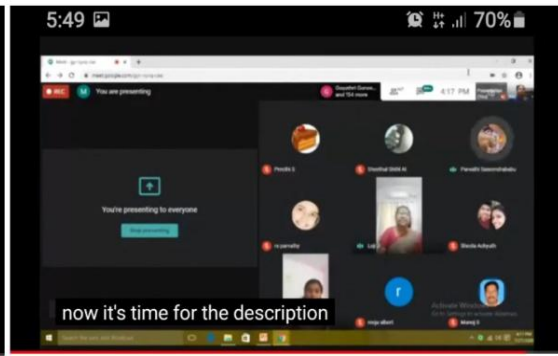
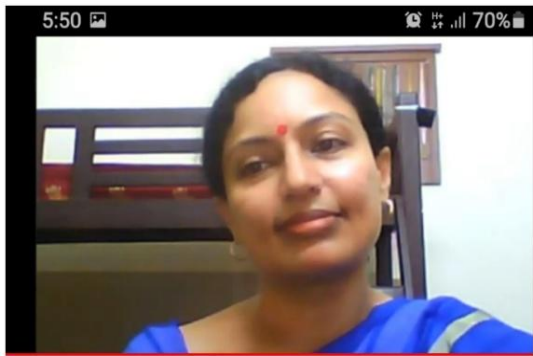
Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause



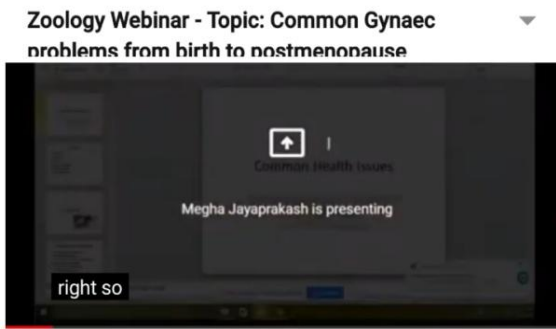
Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause

452 views · 9 hours ago





**Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause**  
452 views · 9 hours ago  
28 0 Share Download Save



**Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause**  
452 views · 9 hours ago  
28 0 Share Download Save

**Zoology Webinar - Topic: Common Gynaec problems from birth to postmenopause**  
452 views · 9 hours ago