

SREE NARAYANA COLLEGE, SIVAGIRI, VARKALA

DEPARTMENT OF ZOOLOGY

Detailed report 2020-2021

Webinar on

Early Detection and Management of Breast Cancer”

Cancer is a leading cause of death worldwide. It accounts for 7.4 million deaths (around 13% of all deaths). Cancer creates fear which comes out of ignorance and misconception. More than 30% of cancer cases could be prevented by modifying life style or avoiding key risk factors. About 1/3 of cancer cases could be reduced, if cases are treated and detected at an early stage.

October is Breast Cancer Awareness month. This year it was observed with the theme “Give hope, Save lives”. Usually people are asked to show support for breast cancer survivors and those battling the disease, by wearing pink ribbon or clothing. But this year due to COVID 19 and social distancing, this was not possible.

So in this Lockdown, it is highly essential to conduct programmes to inform people about the importance of check up in an early stage. Students, Parents and Teachers form the cross section of the community. Breast cancer awareness programmes are scarce. The webinar aimed at gathering students, teachers, doctors and general public in an online platform; who can be the torchbearers to our society.

Department of Zoology and Health Education Club has jointly organized an Interactive Webinar on a very relevant topic “Early Detection And Management Of Breast Cancer” in association with Regional Cancer Centre, Trivandrum, Kerala and Indian Dental Association, Attingal Branch at 7.00 pm on 20th October, 2020. It was conducted via the Zoom meet.

Aims and Objective:

- 1) To give awareness and to discuss the stages of reproductive life and the common problems from birth to post-menopause*
- 2) To discuss in detail about common gynaecological problems in adolescent girls*
- 3) To discuss the causes of PCOD*
- 4) How to treatment and prevent PCOD*
- 5) Symptoms of Cancers common in women*
- 6) Prevention and treatment for various cancers*

7) Common myths about gynaec problems

The webinar began with a silent prayer. Dr. R. Jaya krishnan, Associate Professor, Division of Community Oncology, RCC, Trivandrum was the Moderator of the Programme. Dr. Shameema Nizam, Women's Wing Chair Person, IDA, Attingal delivered the welcome address. The session was led by eminent Radiation Oncologist Dr. Priya Balakrishnan, Assistant Professor, Dept of Radiation Oncology, Regional Cancer Centre, Trivandrum, Kerala. Dr. K C Preetha, our beloved Principal was the Guest of Honor in the Programme.

The resource person presented an hour length lecture and interacted for an hour with the participants. The speaker has elaborated about the causes of breast cancer, treatment procedures and preventive measures. Dr. Priya pointed out the importance of healthy living, healthy food, healthy life style, healthy environment as breast cancer is rapidly rising amongst women. 153 participants could participate through the Zoom meet. Students including club members, faculty members, teaching staff, doctors and common public participated in the webinar. The webinar was a great success in bringing together a huge number of participants together and in providing them awareness in the time of social distancing and Covid 19. Feedbacks were highly encouraging.

Webinar Report (2020-21)

Name of the DepartmentZOOLOGY.....

Date and Time of Webinar20th October 2020, 7 pm.....

Name and Official Address of Resource Person

1. **Dr. Priya Balakrishnan, Assistant Professor, Dept of Radiation Oncology, Regional Cancer Centre, Trivandrum, Kerala.**

Name of Co-ordinators: Regional Cancer Centre, Trivandrum, Kerala.

Indian Dental Association, Attingal Branch

Name of Joint Co-ordinators **Health Education Club, S N College, Varkala**

Dept. Of Zoology, S N College, Varkala

Number of Participants (Only total number is required if split up not available)

1. Students53.....

2. Faculty Members5.....

3. Doctors45...

4. Others45.....

Total153.....



**Regional Cancer Centre &
IDA Attingal
in association with
Health Education Club & Department of Zoology
S.N. College, Varkala
PRESENTS**



**Interactive Webinar
on
Early Detection and
Management of Breast Cancer**

SPEAKER

Dr. Priya Balakrishnan
Assistant Professor
Department of Radiation
Oncology
RCC



MODERATOR

Dr. R. Jayakrishnan
Associate Professor
Division of Community
Oncology
RCC

DATE: 20TH OCTOBER 2020 TIME: 7PM

IDA ATTINGAL

Dr. Sherin. A. Kalam (President)
Dr. Deepak. S. Das (Secretary)
Dr. Shameema Nizam
(Women's Wing Chair Person)
Dr. Meera Murali
(Women's Wing Secretary)



































S.N. COLLEGE VARKALA

Guest of Honor: **Dr. K.C. Preetha** (Principal)
Dr. Leji. J (HOD, Dept. of Zoology)
Ms. Preethi. S (Co-ordinator, Health Education Club)
Ms. Avani Saseendran (Member)
Dr. Smitha. P.D (Member)
Dr. Shynu. R (Member)

Close

Participants (151)

Search

-  Jwala Adheena (me)   >
-  Regional Cancer Ce... (Host)    >
-  Priya B (Co-host)   >
-  . Arunima Shaji Kumar 😊   >
-  0055Dr Lekshmi   >
-  Abhi M S   >
-  Afiya Farhan   >
-  Aisha   >
-  Aiswarya jayan   >
-  Anjana J   >
-  Ann Mary   >

Invite



